



MIGRANT WOMEN SAY NO TO DV

MIGRANT WOMEN HAVE RIGHTS TOO!

Domestic violence is more than just physical abuse.

Bruises can also be on the inside.

Has your partner ever:

- Made frightening threats towards you and/or your family
- Made you feel worthless
- Called you names
- Criticised everything you do
- Pushed, shoved, punched slapped or caused you pain in any way
- Forced you to have sex or do sexual acts that you are not comfortable with
- Expect you to work miracles with very little money
- Thrown or broken your belongings, damaged the house and hurt your pets
- Stopped you from seeing your friends or family
- Controlled your life so that everything you do needs his approval
- Made fun of you in public by making hurtful remarks?

If you have answered **yes** to any of the above questions, and you want to talk about it -

HELP IS AVAILABLE

Please Contact:

**Domestic Violence
Crisis Service**
1300 782 200
Mon - Fri 9am-4pm

Police 131 444

Crisis Care (after hours)
131 611

Domestic Violence Helpline
1800 800 098

**Migrant Women's Support and
Accommodation Service**
8346 9417

**Central Eastern Domestic
Violence Service**
8365 5033

**Southern Domestic
Violence Service**
8382 0066

**Western Domestic
Violence Service**
8268 7700

**Northern Domestic
Violence Service**
8255 3622

**Women's Health
Statewide**
8239 9600

**Northern Women's
Community Health Centre**
8252 3711

**Dale Street Women's
Health Centre**
8444 0700

**Southern Women's
Community Health Centre**
8384 9555

**Parks Community
Health Service**
8243 5611

**Salisbury West
Community Health Centre**
8281 7644



Non English Speaking Background
Domestic Violence Action Group
PO Box 369, Marden SA 5070



Government
of South Australia



South Australian Multicultural &
Ethnic Affairs Commission